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BCSA Anti-Doping Policy

BCSA Board, Approved on September 6th, 2018.

PURPOSE

Sport is about competing and performing to the best of one's ability and the pursuit of human and sporting excellence. Taking prohibited substances or using prohibited methods is cheating, and can be very damaging to an athlete's health. Doping undermines the fundamental spirit of sport and severely damages the integrity, image, and value of sport.

BCSA believes in and is committed to achieving doping-free sport and to protect the right of athletes to compete in a fair and ethical sport environment.

DEFINITION

Doping: Doping rule violations are the use of "prohibited substances" or "prohibited methods" that enhance sporting performance, risk health and/or are contrary to the spirit of the sport.

Athletes: An 'athlete' is any person who participates in sport at the international, national level, provincial level or BC Sailing Association sanctioned events. All are to be considered 'athletes' under the CADP - Canadian Anti-Doping Program.

Athlete Support Personnel: As defined by the CADP, 'Athlete Support Personnel' include any coach, trainer, manager, agent, team staff, official, medical personnel, para-medical personnel, parent, or any other person working with, treating, or assisting an athlete participating in or preparing for sports competition.

Provincial Team Athletes: Provincial Team Athletes are all athletes that are officially named to the Provincial High-Performance Team, as well as athletes who represent BC Sailing Association at National or International events.

POLICY

Core Values:

The BC Sailing Association Anti-Doping Policy is intended to preserve the fundamental spirit of sport, as described by the World Anti-Doping Code

- Ethics, fair play and honesty
- Health
- Excellence in performance
- Character and education
- Fun and joy
- Teamwork
- Dedication and commitment
- Respect for rules and laws
- Respect for self and other participants
- Courage

The BC Sailing Association Anti-Doping Policy is the avenue through which the Association works towards the broader objective of developing a strong anti-doping culture within the sport of sailing in British Columbia.

Governing Documents:

Adopting, supporting, applying and meeting the requirements of the Canadian Anti-Doping Program is a condition of receipt of Government funding to sports organizations (pursuant to Code Article 22 and Canadian Policy against Doping in Sport, 2011). Therefore, as a 'Sports Organization' committed to dopingfree sport in Canada, BC Sailing Association has expressly accepted and adopted the Canadian Anti-Doping Program (2009), which is a Canada wide collective agreement to abide by a common set of rules, procedures, duties, and responsibilities, as an effort to eliminate doping in sport. The CADP applies to all Athletes and Athlete Support Personnel (as defined above) affiliated with BC Sailing Association.

The Canadian Anti-Doping Program (CADP) includes general principles and detailed rules and standards for the following:

- Education Standards
- Prohibited List Rules
- Laboratory Rules
- Privacy Rules
- Doping Control Rules
- Doping Violations & Consequences Rules
- Appeals Rules
- Therapeutic Use Exemption & Medical

Review Rules

Additional BC Sailing Association Policies

In addition to the specific anti-doping policies identified above, BC Sailing Association will work towards eliminating doping in sport and creating an anti-doping culture in British Columbia through two key avenues: public information and education, as well as specific provisions for Provincial Team Athletes, including the expectations outlined in the BC Sailing Association Anti-Doping High Performance Team Athlete Agreement.

PROCEDURE

General:

- All individuals affiliated with BC Sailing Association shall comply with provincial, national and international regulations on doping—specifically those outlined in the Canadian Anti-Doping Program (2009) and relevant sections of the World Anti-Doping Code—and shall submit themselves to dope testing as required or requested.
- Any individual affiliated with BC Sailing Association who is found to have committed doping infractions is subject to sport eligibility and government funding penalties outlined in the CADP, as well as any applicable additional penalties specified by BC Sailing Association.
- Any individual affiliated with BC Sailing Association found in violation of CADP rules, will be subject to the ineligibility consequences outlined below for Provincial Team Athletes.

Education and Information:

- BC Sailing Association shall provide education programs on at least the following Issues:
 - Substances and methods on the Prohibited List;
 - Medical exemption requirements;
 - Minimize and manage risks associated with Supplements;
 - Anti-doping rule violations and consequences;
 - Health and social consequences of doping;
 - Complying with a testing request and sample collection procedures;
 - Athletes rights and responsibilities;
 - Athlete Support Personnel rights and responsibilities;
 - Therapeutic Use exemptions and medical exemption requirements;
 - The harm of doping to the spirit of sport; and
 - Receiving anti-doping updates, CCES media releases and advisory notes.

- BC Sailing Association will also provide a list of resources related to anti-doping on the BC Sailing Association website, and encourage awareness and engagement with these materials through public communications and social media.

Provincial Team Athletes and Staff:

- The Government of British Columbia is committed to eliminating doping in BC, Canada and around the world. The Sport Medicine Council of BC has put in place an unannounced Doping Control Program whereby every athlete who is in direct or indirect receipt of provincial sport benefits is required to complete an Authorization and Consent Form to participate in the Anti-Doping Program and is subject to being randomly selected for testing.

- All provincial team athletes and staff (as defined above) are required to sign the BC Sailing Association Anti-Doping High Performance Team and Staff Agreement annually, which will be signed during an annual face-to-face meeting with at least one representative of BC Sailing Association (Provincial Coach or the Executive Director).

- In order to be eligible for provincial team membership, all provincial team athletes and staff are required to attend at least one anti-doping education session, which will be offered at minimum once per year by BC Sailing Association. If for any reason attendance at an education session is not possible prior to participating in an event as provincial team, an alternative arrangement for anti-doping education (such as completion of online educational modules) will be agreed upon by the Provincial Coach or the Executive Director.

- Any athlete affiliated with BC Sailing Association found in violation for the first time of Canadian Anti-Doping Program (2009) rules, in addition to the consequences outlined by the CADP, will be automatically disqualified from participating in BC Sailing Association provincial teams or sanctioned events and any financial or in-kind support.