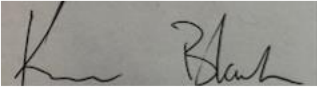


Canadian Sport Institute Pacific and BC Sailing Athlete and Coach Nomination Criteria



Criteria Approved: [09/17/2025]

CSI Pacific Representative	Nicole Jenicek	<i>Nicole Jenicek</i>	09/17/2025
	Name	Signature	Date (MM/DD/YYYY)
Sport Organization Representative	Kevin Black		09/17/2025
	Name	Signature	Date (MM/DD/YYYY)

PURPOSE

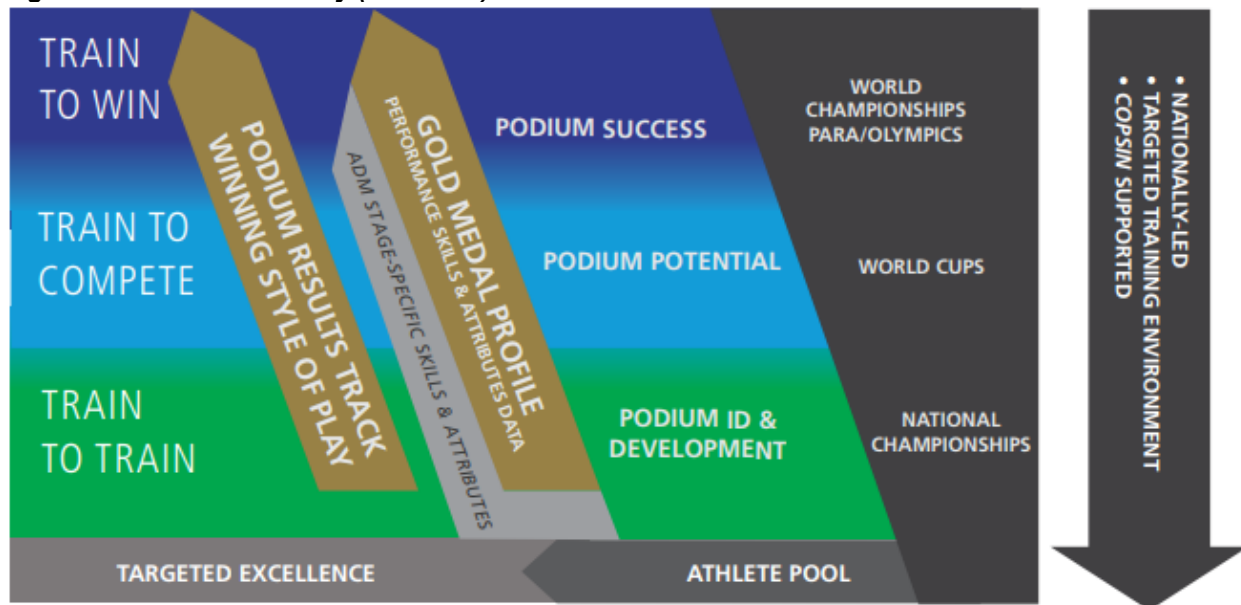
Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), viaSport, the network of PacificSport centres, and BC Sailing, collaborates to deliver programs and services to place BC athletes¹ on national teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC.

This template provides a standardized process with which to identify athletes and coaches within the BC Sailing high performance program as well as athletes who are tracking against key development pathway metrics toward national teams. The levels within the targeted pathway seek to create a common standard across all sports; hence, the template must be used in its entirety. PSO/DSOs are able to adapt the template to suit their own purposes (e.g. branding, application process, etc.) provided all relevant information is contained within.

Canadian Sport Institute / PacificSport athlete and coach support for the Sport Canada AAP Carded nomination focuses on athletes and teams 0-4 years from the international podium, identified by the sport-specific Podium Pathway (Figure 1) and Gold Medal Profile. These athletes and teams represent the current generation of national team athletes who are carded by the NSO through Sport Canada's Athlete Assistance Program.

Canadian Sport Institute / PacificSport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on athletes and teams 5-12 years from the international podium, identified by the sport-specific Podium Pathway (Figure 1) and Gold Medal Profile. These athletes and teams represent both the next generation (5-8 years away) and future generations (9-12 years away) of Olympic and Paralympic or World Championship medallists.

Figure 1 – Podium Pathway (LTAD 3.0)



¹ A BC athlete is defined as an athlete born, developed, and/or trained/centralized (for a minimum of three (3) months in a twelve (12) month period) in British Columbia.

DETAILS

Through the above partnership, and with the above purpose in mind, BC Sailing may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute Pacific / PacificSport athlete or coach enrollment. Upon completion of enrollment and onboarding, athletes and coaches can engage in enhanced programs, benefits, and selected support services through Canadian Sport Institute Pacific and the network of PacificSport regional centres in BC.

Canadian Sport Institute / PacificSport athlete support is divided into four levels based on performance, each with a slate of designated benefits. Please see Appendix A for an outline of BC Sailing targeted athlete benefits, programs, and services as delivered through BC Sailing.

Targeted athletes are nominated by BC Sailing based on the athlete criteria below. As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward BC Sailing high performance program benchmarks to remain targeted. Kevin Black and the Canadian Sport Institute technical lead working with BC Sailing, have the final authority over the Canadian Sport Institute nomination process. Any inquiries regarding the sport-specific selection criteria can be made to Kevin Black kevin@bcsailing.bc.ca.

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / BC Sailing targeting runs August 1st through August 30th annually and athletes are selected based on performances from the previous 12 months. Athletes meeting criteria throughout the annual nomination cycle may be added to the BC Sailing targeted athlete list, on a case by case basis, by contacting the PSO/DSO Technical Representative Kevin Black at kevin@bcsailing.bc.ca

ATHLETE/COACH ENROLLMENT

Once the athlete or coach is nominated, they will be notified by BC Sailing and will be provided with information on how to enroll. All athletes and coaches must enroll with Canadian Sport Institute / Pacific Sport in order to receive athlete or coach supports and benefits.

CORE CRITERIA

1. For PSO/DSO nominations, athletes must be considered in good standing at the discretion of the PSO/DSO with BC Sailing as a competitive athlete and meet the definition of a BC athlete.
2. All athletes nominated should have a designated coach who is responsible for planned programming. Specific coach criteria must be identified under coach nominations
3. Athletes who fail to meet targeting criteria **due to injury or absence**, may remain on BC Sailing nomination list at the discretion of the PSO/DSO **and in agreement with CSI Pacific** when:
 - a. There is an expectation the athlete in question would have met criteria if no injury or absence had occurred **AND**;
 - b. The athlete in question was nominated by BC Sailing in the previous **12-month cycle**
 - c. There is an agreed timeline on the return to play process
4. Minimum age of targeted athlete is 16-years-old, however at the discretion of CSI staff exceptions can be approved
5. Maximum number of athletes at each level based on historical conversion rates from 2019-2025, identified by CSI Pacific and communicated to the sport by CSI staff. At the discretion of CSI staff exceptions can be approved

LEVEL-SPECIFIC CRITERIA

Canadian Sport Institute Criteria

Sport Canada AAP Carded

Canadian Sport Institute Criteria:

- Athletes who appear on the Sport Canada AAP Carding List and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway.
 - It is the responsibility of BC Sailing to consult with the NSO, identifying and nominating any Sport Canada AAP Carded athletes in the province of British Columbia.

Canadian Development

Canadian Sport Institute Criteria:

- Athletes who compete on the senior national team in eligible events, but do not receive Sport Canada AAP funding, and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway **OR**;
- Athletes who are in the HP Athlete Development (L2W/T2W) stage of the Podium Pathway (including Gold Medal Profile) and verified by the NSO. If the NSO does not have an approved Podium Pathway, the following criteria will be used:
 - Athletes who have been targeted as “NextGen” defined as the expectation to be selected to the senior national team in eligible events **within 12 months** and verified by the NSO.
 - Evidence to be provided by PSO/DSO in order to confirm nomination.

Provincial Development Level 1

Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward the HP Athlete Development stage according to the NSO-specific Podium Pathway and Gold Medal Profile. If the NSO does not have an approved Podium Pathway, the athlete must be tracking toward Canadian Development and meet the criteria below:
 - Meet specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile) **AND**;
 - Athletes at this level are anticipated to convert to national team program as a Canadian Development or Podium athlete within a maximum duration of five years (combined Provincial Development Level One and Two) **AND**;
 - Competed at the **appropriate²** age group or junior world championships in an eligible event (or equivalent international developmental event) **in the previous 12 months OR**;

² Definition of appropriate is based on a number of factors such as peak development age, average age of National Team, sport’s competition schedule, and logical pathway progression. Final determination will be made by CSI Pacific.

- Won a medal in an eligible event at their sport-specific national senior/open, appropriate² age group or junior championships (or equivalent level of performance standard) in the **previous 12 months**.
- Evidence to be provided by PSO/DSO in order to confirm nomination.

Provincial Development Level 2

Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward Provincial Development One according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must meet the criteria below:
 - Meet specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile) **AND**;
 - Athletes at this level are anticipated to convert to national team program as a Canadian Development or Podium athlete within a maximum duration of five years (combined Provincial Development Level One and Two) **AND**;
 - Competed in an eligible event at the appropriate² age group national championships (or equivalent level of performance standard) in the previous **12 months, OR**;
 - Won a medal in an eligible event at their appropriate² age group provincial championships in the previous **12 months, OR**;
 - Evidence to be provided by PSO/DSO in order to confirm nomination.

Coach Nomination

Canadian Sport Institute Criteria:

Coaches are nominated when they are the coach of an athlete who achieves designated criteria. The PSO/DSO may nominate up to two coaches per athlete in cases where both the Provincial/National coach and a personal coach have a significant impact on the athlete's training program. The coach must meet the following criteria:

- Be the lead person designing and implementing an annual training program for the athlete.
 - Evidence to be provided by PSO/DSO in order to confirm nomination.

It is recommended that PSO/DSO nominated coaches must also meet at least one of the following criteria:

- Be designated as Provincial or Regional coach by the PSO/DSO, **or**
- Be designated as a National Development / Senior National coach by the NSO, **or**

- Be designated as athlete's coach of record based on sport-specific criteria below.

AND,

- Be working towards NCCP Comp Dev trained status

BC Sailing Specific Criteria

Canadian Development Criteria 1.0

BC Sailing Sport-Specific Criteria:

- 1.2 Athlete participates in biannual fitness testing delivered by a S&C professional

AND

- 1.3 Athlete has a specific S&C plan developed and monitored weekly by a S&C professional

AND

- 1.4 Athlete has 125+days of scheduled practice/competition on water annually

AND

- 1.5 Athlete has specific support from an IST of sport science practitioners

AND

- 1.6 Uses GPS analysis in the daily training environment

AND

1.7 Any of the following results:

- 1.7.1 Olympic Class Jr./U23 Worlds Top 30%

OR

- 1.7.2 North American Championships Top 10%

OR

- 1.7.3 Midwinter Championships Podium

Provincial Development Level 1 Criteria 2.0

BC Sailing Sport-Specific Criteria:

- 2.1 Athlete participates in biannual fitness testing

AND

- 2.2 Athlete has a specific S&C plan developed and monitored weekly by a S&C professional

AND

- 2.3 Athlete has 105+days of scheduled practice/competition on water annually

AND

- 2.4 Athlete attends IST seminars delivered by sports science practitioners with their club team or BC Sailing

AND

- 2.5 Engages with GPS analysis at training camps and in competitions

2.6 Any of the following results:

- 2.6.1 Olympic Class Jr/U23 Worlds Top 50%

OR

- 2.6.3 World Sailing Youth Worlds Selected by NSO/U19 Worlds Top 50%

OR

- 2.6.4 North American/Midwinter Championships Top 25%

Provincial Development Level 2 Criteria 3.0

BC Sailing Sport-Specific Criteria:

- 3.1 Athlete participates in biannual fitness testing

AND

- 3.2 Athlete has 90+days of scheduled practice/competition on water annually

AND

- 3.3 Athlete has a general S&C plan developed with an S&C professional or ID'd coach

AND

- 3.4 Athlete attends IST seminars delivered by sports science practitioners with their club team or BC Sailing

AND

3.5 Any of the following results:

- 3.5.1 North American/Midwinter Championships Top 30%

OR

- 3.5.2 Canadian U19 Championships Top 20%

Coaching Nomination

BC Sailing Sport-Specific Criteria:

- Coach must be registered, and in good standing with BC Sailing.
- Coach must provide BC Sailing with information related to athlete progress and/or assessment as directed
- Coach must submit Individual YTP as directed

APPENDIX 1 – Sport-Specific Benefits, Programs, and Services

BC Sailing Targeted Athlete/Coach Benefits, Programs, and Services

BC sailing will endeavor to support registered athletes with the following sport specific benefits, programs and services:

- S&C programming and coaching through Canadian Sport Center Pacific.
- Coaching at Provincial training camps at a subsidized rate.
- Coaching support at selected continental regattas:
 - North Americans
 - CORK
 - Midwinters
 - Canadian Youth Champs
 - US Nationals
- Coaching support at selected international regattas:
 - ISAF Youth Worlds
 - 29er Worlds
 - 29er Europeans
 - 49er U23 World Championships
 - Laser U21 World Championships
 - Radial U19 World Championships
 - Para Sailing World Championships
- Coaching support at other selected regattas on a case by case basis.
- Eligibility for external sport credit: Athlete 10, Athlete 11 or Athlete 12.
- Support from our provincial coach with respect to annual training consultation.
- Priority Athlete Assistance Program funding.
- Athlete's may be provided with BC Sailing registered athlete team apparel